

# 2026 ANNUAL LOUISIANA OBESITY CONFERENCE

AUGUST 7-8, 2026

LOS LOUISIANA OBESITY SOCIETY  
LOUISIANA STATE CHAPTER  
American Society for Metabolic & Bariatric Surgery

## TRANSFORMING OBESITY CARE: Clinical Excellence, Practical Tools, and Innovation

### DAY ONE | Friday, August 7, 2026

*Clinical Foundations • Practice Innovation  
• Behavioral Tools • Leadership*

8:00am

**Registration & Exhibits Open**

8:15am-9:00am

**Breakfast Symposium**

*Sponsored by Viking Therapeutics Inc.*

9:00am-9:10am

**President's Welcome**

Katie Queen, MD - LOS President

Michael Cook, MD - LA-ASMBS President

9:10am-9:55am

**Leading with C.A.R.E.**

**Cultural Humility and Equity in Obesity Medicine**

Tracy Norfleet, MD, MBA, DABOM, DipABLM, FACP

9:55am-10:30am

**Women First: The Overlooked Impact of Bariatric Surgery on Women's Health**

Shauna Levy, MD, FACS

10:30am-11:00am

**Break with Exhibitors**

11:00am-11:45am

**Bridging the Gap with Mental Health:**

**Patient-Centered Language for Improved Obesity Care and a Quick Guide to Behavioral Health Referrals for Weight Management and Bariatrics**

Gabriella Pucci, PhD

11:45am-12:30pm

**Behavioral Health: Counseling tools for real-world obesity care, psychological challenges after weight loss, guide to referrals for behavioral health.**

Shay Burns, PsyD. & Nanette Adams, M.Ed, LPC, LMHC, LPCC

12:30pm-1:45pm

**Lunch Symposium + Poster Hall Open**

*Sponsored by Lilly*

1:45pm-2:15pm

**Body Composition Changes in Weight Loss**

Steve Heymsfield MD

2:15pm-3:00pm

**KEYNOTE SPEAKER**

**Leading the Future of Obesity Care —  
Entrepreneurship, Innovation, and the Journey  
of a National Obesity Leader**

Angela Fitch, MD

3:00pm-3:30pm

**Break with Exhibitors**

3:30pm-4:15pm

**Nutrition in the Real World: Cost, ULTRAPRO-  
CESSED Food & Louisiana Eating Patterns**

Molly Kimball, RDN, LDN, CSSD

4:15pm-4:45pm

**Using Technology & AI to Improve Obesity Care**

Stephen Lambert, MC

4:45pm-5:00pm

**Pediatric Obesity: Lessons From Mississippi  
in Legislation, Lobbying, and Obtaining  
Long-Term Funding**

Tobe Momah, MD, MSc

5:00pm-6:15pm

**Networking Events**

• **Happy Hour**

• **Obesity Trivia Battle: LOS vs. LA-ASMBS**

*Hosted by Drs. Queen & Cook*

• **Bariatric and Obesity Medicine Posters & Judging**

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### LOS & LA-ASMBS DINNER

Friday, August 7, 2026

6:30pm-8:00pm

Arnaud's Restaurant

813 Bienville Street | NOLA

### Wegovy®: Additional Therapeutic Choices in the Management of Adults with Obesity

Presenter: Timothy Gilbert, MD, Endocrinology,  
Diabetes & Metabolism

*Sponsored by Novo Nordisk*

## DAY TWO — Saturday, August 8, 2026

*Pediatrics • Policy • Advanced Therapies  
• Surgical Innovation*

6:45am-7:15am

**Morning Pilates Session** with Nanette Adams

7:00am

**Registration & Exhibitors Open**

7:15am-8:00am

**Breakfast Symposium**

*Sponsored by Soleno Therapeutics Inc*

8:00am-8:30am

**Bariatric & Obesity Medicine Presentations**  
with Q&A

8:30am-9:30am

**Listening First: Shared Decisions that Build  
Trust in Pediatric Obesity Care**

Katie Queen, MD & Lilly Han, MD

9:30am-10:30am

**Powerful Procedures, Hidden Risks: Nutritional  
Deficiencies That You Can't Afford to Miss**

Sachin Kukreja, MD and Amanda Perron, RD

10:30am-11:00am

**Break with Exhibitors**

11:00am-11:45am

**KEYNOTE SPEAKER**

**Adolescent Bariatric Surgery in 2026**

John Stafford, MD

11:45am-12:15pm

**Beyond BMI:**

**A Collaborative Approach to Medical and  
Surgical Obesity Treatment in the Very High  
BMI Patient Panel**

Phillip Schauer, MD, Michael Cook, MD & Jimmy  
Domercant, MD

12:15pm-1:30pm

**Lunch Symposium & Group Picture**

*Sponsored by Standard Bariatrics/Teleflex*

1:30pm-3:30pm

**Breakout Sessions**

- Break A | LOS - Medical Track
- Breakout B | LA-ASMBS - Surgical Track
- Breakout C | Mental Health

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## BREAKOUT SESSIONS 1:30–3:30PM

### Break A | LOS Medical Track

1:30pm–2:15pm

#### Obesity Management Medications:

**What's new, Upcoming and  
the Medicare Bridge Program**

*Tim Gilbert, MD*

*Amanda Fontenot, MD*

2:15–2:45pm

#### Family-Based Behavioral Tools in Pediatric Obesity

*Amanda Staiano, PhD*

2:45pm–3:30pm

#### Regional Obesity Care Across Louisiana

*Tyler Perrin- Bello, MD (Lafayette)*

*Shwetta Sharma, MD (North LA)*

*James Domercant, MD*

*(Baton Rouge and New Orleans)*

*Keisha Harvey, MD*

*(invited -Northshore)*

*Gil Hebert, MD (invited –Southshore)*

### Breakout B | LA-ASMBS Surgical Track

1:30pm- 2:15pm

#### My Favorite Things:

Staple line oozing  
(how do you stop it)

#### My favorite revision after sleeve

- with GERD
- without GERD

My favorite hypo absorptive  
procedure

2:15pm-3:00pm

#### Battle of the Blades: The Ultimate Video Face-Off

3:00pm-3:30pm

#### Louisiana Metabolic Surgery Case Series

### Breakout C Mental Health

1:30pm-4:15pm

#### Mental Health's role in Obesity Care: How to Get Started and Make an Impact

A get-started guide for  
Behavioral Health professionals  
looking to participate in obesity  
medicine

*Shay Burns, PsyD*

*Nanette Adams, LPC*

*Rachel Ziko, LCSW*

*Gabriella Pucci, PhD*

3:30pm-3:45pm

#### Break with Exhibitors

3:45pm-4:10pm

#### LA-ASMBS & LOS Business Meeting

*All invited to attend a business meeting*

4:15pm-5:00pm

#### Advancing Access to Obesity Care: Louisiana Legislative Updates and National Advocacy Perspectives - a Panel

*Katie Queen, MD & Tracy Norfleet, MD*

5:00pm

#### Closing Remarks

5:15pm

#### LOS Legislative Luau on the Pool Deck