# 2026 ANNUAL LOUISIANA OBESITY CONFERENCE

## AUGUST 7-8, 2026 **#LOC26**

# FINAL PROGRAM

LOUISIANA STATE CHAPTER
American Society for Metabolic & Bariatric Surgery

LOS LOUISIANA OBESITY SOCIETY

### PROGRAM COMMITTEE

**Amanda Fontenot, MD – Co-Chair**

**Carlos Galvani, MD – Co-Chair**

**Katie Queen, MD – LOS President**

**Michael Cook MD – LA-ASMBS President**

**Drake Bellanger, MD**

**Philip Schauer, MD**

**Shay L. Burns, PsyD.**

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AUGUST 7-8, 2026

## SCHEDULE AT A GLANCE

### FRIDAY, AUGUST 7, 2026

| | | | |
|---|---|---|---|
| 8:15am-9:00am<br>**Breakfast Symposium**<br>Canal Ballroom | 9:00am-5:00pm<br>**General Session**<br>Canal Ballroom | 12:30pm-1:45pm<br>**Lunch Symposium**<br>Canal Ballroom | 5:00pm-6:15pm<br>**Networking Event**<br>Laffite Room |

### SATURDAY, AUGUST 8, 2026

| | | |
|---|---|---|
| 6:45am-7:15am<br>**Pilates**<br>Atrium | 7:15am-8:00am<br>**Breakfast Symposium**<br>Canal Ballroom | 8:00am-5:00pm<br>**General Session**<br>Canal Ballroom |
| 1:30pm-3:30pm<br>**LOS Breakout & Business Meeting**<br>Canal Ballroom | 1:30pm-3:30pm<br>**LA-ASMBS Breakout & Business Meeting**<br>Orleans A | 1:30pm-3:30pm<br>**Mental Health Breakout**<br>The Board Room |

Visit the Exhibitors All Day in the Canal Foyer
Breakfast, Breaks, and Coffee are served here

Visit 20 or more of the exhibitors and you will be entered for a chance to win an

**Apple iPad or a Bose Speaker**

How to Play:

- Pick up bingo card at the registration desk
- Visit the Exhibitors
- Get 20 or more signatures on card
- Write name and email address on the back of the card
- Drop of completed card to the registration desk by 3:45pm

# 2026 ANNUAL LOUISIANA OBESITY CONFERENCE
## AUGUST 7-8, 2026

## AGENDA

### DAY ONE | Friday, August 7, 2026
*Clinical Foundations • Practice Innovation • Behavioral Tools • Leadership*

8:00am
**Registration & Exhibits Open**

8:15am-9:00am
**Breakfast Symposium**
*Sponsored by Viking Therapeutics Inc.*

9:00am-9:10am
**President's Welcome**
Katie Queen, MD - LOS President
Michael Cook, MD - LA-ASMBS President

9:10am-9:55am
**Leading with C.A.R.E.**
**Cultural Humility and Equity in Obesity Medicine**

**Tracy Norfleet, MD, MBA, DABOM, DipABLM, FACP**
*Regional Physician Leader*
*BJC Medical Group*

9:55am-10:30am
**Women First: The Overlooked Impact of Bariatric Surgery on Women's Health**

**Shauna Levy, MD, FACS**
*Medical Director*
*Tulane Weight Loss Center*
*Tulane School of Medicine*

10:30am-11:00am
**Break with Exhibitors**

11:00am-11:45am
**Patient Centered Language in Obesity Cares**

**Gabriella Dax, PhD**
*Psychology Postdoctoral Fellow*
*Ochsner Health*

11:45am-12:30pm
**Behavioral Health**

**Counseling tools for real-world obesity care, psychological challenges after weight loss, guide to referrals for behavioral health.**

**Shay L. Burns, PsyD.**
*Clinical Psychologist*
*Burns Psychological Services*

**Nanette Adams, M.Ed, LPC, LMHC, LPCC**
*Licensed Professional Counselor*
*Behavioral and Mental Health*

12:30pm-1:45pm
**Lunch Symposium + Poster Hall Open**
*Sponsored by Lilly*

1:45pm–2:15pm
**Body Composition Changes in Weight Loss**

**Steven B. Heymsfield, MD**
*Professor Internal Medicine*
*Pennington Biomedical Research Center*

2:15pm-3:00pm
**KEYNOTE SPEAKER**

**Leading the Future of Obesity Care — Entrepreneurship, Innovation, and the Journey of a National Obesity Leader**

**Angela K. Fitch, MD**
*Chief Medical Officer*
*knownwell*

3:00pm-3:30pm
**Break with Exhibitors**

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## AGENDA

3:30pm-4:15pm
**Engineered to Crave: The Science of Ultra-Processed Foods**

**Molly Kimball, LDN, RD, CSSD**
*Director*
*Eat Fit and Lifestyle Nutrition*
*Ochsner Health*

4:15pm-4:45pm
**Lightening the Clinical Load: How AI and Smarter EHR Workflows Reclaim Time for Obesity Care**

**Stephen Lambert, MD**
*Medical Director of Informatics*
*Ochsner Health*

4:45pm-5:00pm
**Pediatric Obesity: Lessons From Mississippi in Legislation, Lobbying, and Obtaining Long-Term Funding**

**Tobe Momah, MD, MSc**
*Assistant Professor of Family Medicine*
*University of Mississippi Medical Center*

5:00pm-6:15pm
**Networking Events**
- **Happy Hour**
- **Obesity Trivia Battle: LOS vs. LA-ASMBS**
  Hosted by Drs. Queen & Cook
- **Bariatric and Obesity Medicine Posters and Judging**

**LOS & LA-ASMBS DINNER**
**Friday, August 7, 2026**
**6:30pm-8:00pm**
Arnaud's Restaurant
813 Bienville Street | NOLA

**Wegovy®: Additional Therapeutic Choices in the Management of Adults with Obesity**

**Presenter: Timothy Gilbert, MD**
Endocrinology, Diabetes & Metabolism
***Sponsored by Novo Nordisk***

# 2026 ANNUAL LOUISIANA OBESITY CONFERENCE
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## AGENDA

### DAY TWO — Saturday, August 8, 2026
*Pediatrics • Policy • Advanced Therapies • Surgical Innovation*

6:45am–7:15am
**Morning Pilates Session** *with Nanette Adams*

7:00am
**Registration & Exhibitors Open**

7:15am-8:00am
**Breakfast Symposium**
*Sponsored by Soleno Therapeutics Inc*

8:00am-8:30am
**Bariatric & Obesity Medicine Presentations**
*with Q&A*

8:00am-8:05am
**Trauma Surgery and Obesity**
**Research Projects/Case Series**
**Comparative Outcomes of REBOA Devices in Overweight and Obese Blunt Trauma Patients: AAST AORTA Registry Analysis**
**Dagmawi Demessie, MD**
*LSU Health New Orleans*

8:05am-8:10am

**Bariatric Surgery**
**Case Reports/Case Series**
**Petersen's Hernia Following Roux-En-Y Gastric Bypass (RYGB)**
**Nour Yanna Atassi, DO**
*Willis Knighton Medical Center*

8:10am-8:15am

**Bariatric Surgery**
**Research Projects/Case Series**
**Efficacy of Minimally Invasive Bariatric Surgery Procedures: A Comparative Analysis of Weight Loss and BMI Trajectories**
**Cameron Alden Holmes, MD**
*Tulane School of Medicine*

8:15am-8:20am

**Obesity Medicine**
**Research Projects/Case Series**
**Influence of Body Mass Index on Cytokine Secretion Profiles of Adipose-Derived Stem Cells from Trauma Patients**
**Abdul Razak Masoud, PhD**
*LSU Health New Orleans*

8:20am-8:25am

**Obesity Medicine**
**Research Projects/Case Series**
**Depot-Specific Remodeling of the m6A Epitranscriptomic Machinery in Adipose Tissue During Obesity and Type 2 Diabetes**
**Mounika Pentakota, MD**
*Pennington Biomedical Research Center*

8:30am-9:30am
**Listening First: Shared Decisions that Build Trust in Pediatric Obesity Care**

**Katie Queen, MD**
*Medical Director*
*Our Lady of the Lake Children's Health Weight and Nutrition Center*

**Lily Han, MD, FAAP, DACLM, DABOM**
*Medical Director*
*Cook Children's Hospital System*

9:30am-10:30am
**Powerful Procedures, Hidden Risks: Nutritional Deficiencies That You Can't Afford to Miss**

**Sachin S. Kukreja, MD**
*Bariatric and General Surgeon*
*DFW Bariatrics and General Surgery*

**Amanda C. Perron, RDN**
*Registered Dietitian*
*Metamor Institute*

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## AGENDA

10:30am-11:00am
**Break with Exhibitors**

11:00am-11:45am
**KEYNOTE SPEAKER**

**Adolescent Bariatric Surgery in 2026**

**Shawn J. Stafford, MD, FACS, FAAP**
*Chief Surgical Officer/ Director*
*Children's Hospital/Baylor*
*College of Medicine*

11:45am-12:15pm
**Beyond BMI**

**A Collaborative Approach to Medical and Surgical Obesity Treatment in the Very High BMI Patient Panel**

**Philip R. Schauer, MD, FASMBS**
*Professor of Metabolic Surgery*
*Pennington Biomedical Research Center*
*Metamor Metabolic Institute*

**Michael W. Cook, MD, FASMBS, FACS**
*Medical Director*
*Center for Weight Loss and Bariatric Surgery*
*University Medical Center, New Orleans*

**Jean "Jimmy" Domercant, MD**
*Obesity Medicine Physician*
*Metamor*

**Shannon Williamson, PhD**
*Dean of Instruction*
*Nunez Community College*

**Howard T Quarles**
*Service Manager*
*Automotive*

12:15pm-1:30pm
**Lunch Symposium & Group Picture**
*Sponsored by Standard Bariatrics/Teleflex*

1:30pm-3:30pm
**Breakout Sessions**
- Break A | LOS - Medical Track
- Breakout B | LA-ASMBS - Surgical Track
- Breakout C | Mental Health

### Break A | LOS Medical Track

1:30pm–2:15pm
**Obesity Management Medications: What's new, Upcoming and the Medicare Bridge Program**

**Timothy R. Gilbert, MD**
*Director: Outpatient Endocrinology and Diabetes Clinic and Clinical Research Physician - Pennington Biomedical Research Center*

**Amanda G. Fontenot, MD, MMM, DABOM**
*Obesity Medicine Director, Department of Bariatric Surgery*
*Ochsner Medical Center*

2:15–2:45pm
**Family-Based Behavioral Tools in Pediatric Obesity**

**Amanda E. Staiano, PhD, FTOS**
*Professor*
*Pennington Biomedical Research Center*

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## AGENDA

2:45pm–3:30pm
**Regional Obesity Care Across Louisiana**

**Tyler M. Perrin-Bellelo, MD,**
*Ochsner (Lafayette)*

**Shweta Sharan, MD**
*Assistant Professor*
*Primary Care Physician, VA Clinic (North LA)*

**Jean "Jimmy" Domercant, MD**
*Obesity Medicine Physician*
*Metamor (Baton Rouge and New Orleans)*

**Keisha Harvey Mansfield, MD**
*Founder, Medical Director*
*Dr. K's Family Medicine (Northshore)*

**Gil Hebert, MD**
*Assistant Professor of Medicine,*
*Deming Department of Internal Medicine*
*Tulane University, (Southshore)*

### Breakout B | LA-ASMBS Surgical Track

1:30pm-2:15pm
**My Favorite Things**

**Staple Line Oozing**
**What is your go-to technique or product to stop it immediately?**
- Oversewing | *Peter Lundberg, MD*
- Clipping | *Vance Albaugh, MD*
- Buzzing | *Shauna Levy, MD*

**My Favorite Revision After Sleeve**
- What is your definitive approach with GERD?
  *Buddy Leithead, MD*
- What is your definitive approach without GERD?
  *Salim Hosein, MD*

**My Favorite Hypoabsorptive Procedure**
Which malabsorptive/hypoabsorptive platform gives you the best balance of weight loss and metabolic control?
*Michael Cook, MD*

2:15pm-3:00pm
**Battle of the Blades: The Ultimate Video Face-Off**
- Hiatal Hernia Repair in Gastric Bypass | *Dietric Hennings*
- Robotic Assisted Removal of Band Gastroplasty in Patient with History of Open Roux-en-Y Gastric Bypass (RYGB) | *Nour Atassi, MD*
- Petersen's Hernia Following Roux-En-Y Gastric Bypass (RYGB) | *Nour Atassi, MD*
- Magnet SADI | *Michael Cook, MD*

3:00pm-3:30pm
**Louisiana Metabolic Surgery Case Series**

### Breakout C Mental Health

1:30pm-3:30pm
**Behavioral Health: Counseling Tools for Real-World Obesity Care, Psychological Challenges After Weight Loss, Guide to Referrals for Behavioral Health**
*A get-started guide for Behavioral Health professionals looking to participate in obesity medicine*

**Shay Burns, PsyD**
*Clinical Psychologist*
*Burns Psychological Services*

**Nanette Adams, LPC**
*Licensed Professional Counselor*
*Behavioral and Mental Health*

**Gabriella Dax, PhD**
*Psychology Postdoctoral Fellow*
*Ochsner Health*

**Rachel Ziko, LCSW-BACS**
*Bariatric Clinical Social Worker*
*Ochsner Medical Center*

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3:30pm-3:45pm
**Break with Exhibitors**

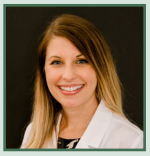
3:45pm-4:10pm
**LA-ASMBS & LOS Business Meeting**
*All invited to attend a business meeting*

4:15pm-5:00pm
**Advancing Access to Obesity Care**

**Louisiana Legislative Updates and National Advocacy Perspectives Panel**

**Billy Nungesser**
*Lieutenant Governor*

**Katie Queen, MD**
*Medical Director*
*Our Lady of the Lake Children's Health Weight and Nutrition Center*



**Tracy Norfleet, MD, MBA, DABOM, DipABLM, FACP**
*Regional Physician Leader*
*BJC Medical Group*

**Evelyn Griffin, MD**
*Louisiana Surgeon General*

**Sharon Yeske, MSPharm, R.Ph.**
*Medicaid Pharmacy Director*
*Louisiana Department of Health*

5:00pm
**Closing Remarks**

5:15pm
**LOS Legislative Luau on the Pool Deck**

### 2026 Session Moderators

**Shay Burns, PsyD**
*Clinical Psychologist*
*Burns Psychological Services*

**Michael W. Cook, MD, FASMBS, FACS**
*Medical Director*
*Center for Weight Loss and Bariatric Surgery*
*University Medical Center, New Orleans*

**Amanda G. Fontenot, MD, MMM, DABOM**
*Obesity Medicine Director,*
*Department of Bariatric Surgery*
*Ochsner Medical Center*

**Carlos Galvani, MD, FACS**
*Professor and Chief,*
*Division of General Surgery*
*LSU Health New Orleans*

**Philip R. Schauer, MD, FASMBS**
*Professor of Metabolic Surgery*
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## CONTINUING EDUCATION

### CME/CEU

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society for Metabolic and Bariatric Surgery (ASMBS) and the Louisiana Chapter of the ASMBS. The ASMBS is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Metabolic and Bariatric Surgery designates this live activity for a maximum of ***12.25 AMA PRA Category 1 Credit(s)™***. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing credits are available.** Visit the conference website for additional information on continuing education and accreditation**.**

#### Claiming CME Credits

Please keep an eye out after the activity for an email from Cvent prompting you to complete a survey. The email will be sent to the email you used to register for this activity. Upon completing the survey, you will automatically receive your CME certificate.

### Dietitian Credits

#### Continuing Professional Education Units

Louisiana Obesity Conference awards 12.5 CPEUs in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program

#### How to Claim Credits

- Complete the CPE Evaluation no later than Monday, September 21, 2026.
- To complete evaluation, scan QR Code
- Once we receive your evaluation, we will email you your certificate.
- You will be able upload your credits with the information found on your certificate.
- Questions? Email **janna@laasmbs.org**

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## EXHIBITORS

### Platinum Exhibitors

Lilly
A MEDICINE COMPANY

novo nordisk®

Teleflex™ | STANDARD BARIATRICS™

### Gold Exhibitors

SOLENO THERAPEUTICS
a NEUROCRINE BIOSCIENCES® Company

VIKING THERAPEUTICS

### Silver Exhibitors

Medtronic

### Bronze Exhibitors

**Corcept Therapeutics**

**Boehringer Ingelheim**

**LCMC Health**

### Exhibitors

Azurity Pharmaceuticals

Baxter

BD - Becton Dickinson and Company

Boehringer Ingelheim

CMR Surgical

Corcept Therapeutics

Endolumik

Gore & Associates

GT Metabolic Solutions

Heron Therapeutics

Intra-Sana Laboratories

J&J MedTech

LCMC Health

Lilly

MedTech International Group

Medtronic

Novo Nordisk

Pennington Biomedical Research Center's

Greaux Healthy

ProCare Health Vitamins and Supplements

Rhythm Pharmaceuticals

Soleno Therapeutics Inc

Standard Bariatrics/Teleflex

Vertex Pharmaceuticals Incorporated

Viking Therapeutics Inc.