

# 2026 ANNUAL LOUISIANA OBESITY CONFERENCE

AUGUST 7-8, 2026

LOS LOUISIANA OBESITY SOCIETY  
LOUISIANA STATE CHAPTER  
American Society for Metabolic & Bariatric Surgery

## TRANSFORMING OBESITY CARE: Clinical Excellence, Practical Tools, and Innovation

### DAY ONE | Friday, August 7, 2026

*Clinical Foundations • Practice Innovation  
• Behavioral Tools • Leadership*

8:00am

**Registration & Exhibits Open**

8:15am-9:00am

**Breakfast Symposium**

9:00am-9:10am

**President's Welcome**

Katie Queen, MD - LOS President

Michael Cook, MD - LA-ASMBS President

9:10am-9:55am

**Leading with C.A.R.E.**

**Cultural Humility and Equity in Obesity Medicine**

Tracy Norfleet, MD, MBA, DABOM, DipABLM, FACP

9:55am-10:30am

**Women First: The Overlooked Impact of Bariatric Surgery on Women's Health**

Shauna Levy, MD, FACS

10:30am-11:00am

**Break with Exhibitors**

11:00am-11:45am

**Bridging the Gap with Mental Health: Patient-Centered Language for Improved Obesity Care and a Quick Guide to Behavioral Health Referrals for Weight Management and Bariatrics**

Gabriella Pucci, PhD

11:45am-12:30pm

**Behavioral Health: Counseling tools for real-world obesity care, psychological challenges after weight loss, guide to referrals for behavioral health.**

Shay Burns, PsyD. and Nanette Adams, LPC

12:30pm-1:45pm

**Lunch Symposium + Poster Hall Open**

Sponsored by Lilly

1:45pm-2:15pm

**Body Composition Changes in Weight Loss**

Steve Heymsfield MD

2:15pm-3:00pm

**KEYNOTE SPEAKER**

**Leading the Future of Obesity Care — Entrepreneurship, Innovation, and the Journey of a National Obesity Leader**

Angela Fitch, MD

3:00pm-3:30pm

**Break with Exhibitors**

3:30pm-4:15pm

**Nutrition in the Real World: Cost, ULTRAPROCESSED Food & Louisiana Eating Patterns**

Molly Kimball, RDN, LDN, CSSD

4:15pm-4:45pm

**Using Technology & AI to Improve Obesity Care**

Stephen Lambert, MC

4:45pm-5:00pm

**Pediatric Obesity: Lessons From Mississippi in Legislation, Lobbying, and Obtaining Long-Term Funding**

To-be Momah, MD, MSc

5:00pm-6:15pm

**Networking Events**

- **Happy Hour**
- **Obesity Trivia Battle: LOS vs. LA-ASMBS**  
*Hosted by Drs. Queen & Cook*
- **Bariatric and Obesity Medicine Posters & Judging**

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### LOS & LA-ASMBS DINNER

Friday, August 7, 2026

6:30pm-8:00pm

Arnaud's Restaurant

813 Bienville Street | NOLA

### Wegovy®: Additional Therapeutic Choices in the Management of Adults with Obesity

Presenter: Timothy Gilbert, MD, Endocrinology,  
Diabetes & Metabolism

*Sponsored by Novo Nordisk*

### DAY TWO — Saturday, August 8, 2026

*Pediatrics • Policy • Advanced Therapies*

*• Surgical Innovation*

7:00am-7:30am

**Morning Pilates Session**

7:30am

**Registration & Exhibitors Open**

8:00am-8:30am

**2026 Louisiana Legislative Session**

**Update Breakfast**

- Legislative Keynote Update
- Medicaid Spotlight:  
Expanding Access to Obesity Care in Louisiana  
*Speaker: Louisiana Medicaid CMO or Dr. Willis*
- Policy Update Q&A

8:30am-9:30am

**Listening First: Shared Decisions that Build  
Trust in Pediatric Obesity Care**

Katie Queen, MD

9:30am-10:30am

**Powerful Procedures, Hidden Risks: Nutritional  
Deficiencies That You Can't Afford to Miss**

Sachin Kukreja, MD and Amanda Perron, RD

10:30am-11:00am

**Break with Exhibitors**

11:00am-11:45am

**KEYNOTE SPEAKER**

**Adolescent Bariatric Surgery in 2026**

John Stafford, MD

11:45am-12:15pm

**Beyond BMI:**

**A Collaborative Approach to Medical and  
Surgical Obesity Treatment in the Very High  
BMI Patient Panel**

Rachel Ziko, LCSW

12:15pm-1:30pm

**Lunch Symposium & Group Picture**

*Sponsored by Teleflex*

1:30pm-3:30pm

**Breakout Sessions**

- Break A | LOS - Medical Track
- Breakout B | LA-ASMBS - Surgical Track
- Breakout C | Mental Health

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## BREAKOUT SESSIONS 1:30–3:30PM

### Break A | LOS Medical Track

1:30–2:15pm

#### **New and Pipeline Anti-Obesity Medications**

*Drs. Tim Gilbert, Donna Ryan,  
Amanda Fontenot*

2:15–2:45pm

#### **Family-Based Behavioral Tools in Pediatric Obesity**

Amanda Staiano, MD

2:45pm–3:30pm

#### **Regional Obesity Care Across Louisiana**

*Tyler Perrin- Bello, MD (Lafayette)*

*Shwetta Sharma, MD (North LA)*

*James Domercant, MD*

*(Baton Rouge and New Orleans)*

*Keisha Harvey, MD*

*(invited -Northshore)*

*Gil Hebert, MD (invited -Southshore)*

### Breakout B | LA-ASMBS Surgical Track

1:30pm- 2:15pm

#### **My Favorite Things:**

**Staple line oozing**  
(how do you stop it)

#### **My favorite revision after sleeve**

- with GERD
- without GERD

**My favorite hypo absorptive procedure**

2:15pm-3:00pm

#### **Battle of the Blades: The Ultimate Video Face-Off**

3:00pm-3:30pm

#### **Louisiana Metabolic Surgery Case Series**

### Breakout C Mental Health

1:30pm-4:15pm

#### **Mental Health's role in Obesity Care: How to Get Started and Make an Impact**

A get-started guide for Behavioral Health professionals looking to participate in obesity medicine

*Shay Burns, PsyD*

*Nanette Adams, LPC*

*Rachel Ziko, LCSW*

*Gabriella Pucci, PhD*

3:30pm-3:45pm

#### **Break with Exhibitors**

3:45pm-4:10pm

#### **LA-ASMBS & LOS Business Meeting**

*All invited to attend a business meeting*

4:15pm–5:00pm

#### **Bariatric and Obesity Medicine Presentations**

*Q&A and Poster Awards Announced*

5:00pm

#### **Closing Remarks**

5:15pm

#### **LOS Legislative Luau on the Pool Deck**